

September 2008

For ADULTS

MoneyTalk for Women – *By Women* – Wednesdays @ 10:00 am is BACK!

September 3 - Market Update -- Where the market is and why.

September 10 - Weathering the Storm -- How to survive the market volatility; what to do and what not to do

September 17 - Make Your Cash Work for You -- Navigating all types of short-term investments.

September 24 - Investment Fees -- Understanding what you pay for different types of investments -- some fees you see; some fees you don't.

AuthorTalk with Mark Albertson: *U.S.S. Connecticut* - Friday, September 12 @ 7pm

The Rowayton Library is proud to present an important part of American naval history through the presentation of author Mark Albertson and his books *USS Connecticut: Constitution State Battleship* and *They'll Have to Follow You! The Triumph of the Great White Fleet*. Recently showcased on the Morning Show on Fox Channel 61, the author will discuss the history of battleship *Connecticut* and the round-the-world cruise of the Great White Fleet." Following the presentation, copies of the books will be made available for sale and signing at the wine and cheese reception.

Transformations from Norwalk Hospital Weight Loss Program @ the Rowayton Library beginning Monday, September 22 @ 1:30 pm

The Rowayton Library is pleased to offer the community **Transformations**: an 8 session (9 week) weight loss program from Norwalk Hospital. *This program includes discussion of lifestyle, nutrition, behavior modification techniques, exercise, cooking techniques, and dining out advice. Each participant will receive the tools to develop a meal plan tailored to individual medical history, food preferences and lifestyle. Each participant will be closely monitored through weekly food diaries and weigh-ins.* This popular program is limited in size to ensure the maximum success to the participants, so please reserve your place today. This program is free and open to the public. Reservations are required and a commitment to the 8 sessions is of utmost importance. Nutritionist, Barbara Schmidt from Norwalk Hospital will be leading these sessions. This program is made possible -- in part -- through the generosity of **Norwalk Hospital**.

BookTalk/AuthorTalk with Author Louise Shaffer - Tuesday, September 23 @ 7pm

BookTalk with **Author Louise Shaffer** [*The Three Miss Margarets, The Ladies of Garrison Gardens, and Family Acts*]. The Rowayton Library is honored to have Ms. Shaffer come and lead a multiple booktalk on her three novels. Come ask the questions -- the ones you think of when reading and know you'll never get the chance to ask of the author. Well -- here's your chance. Please join us for talk, coffee and a multitude of desserts. Multiple copies of her books are available at the Rowayton Library. This program is free and open to the public. This program is made possible -- in part -- through a grant from the **Connecticut Humanities Council**.

AuthorTalk with Rowayton's own Page McBrier -- Book Launch of her three new children's books for Heifer International.

Friday, September 26 @ 7 pm, AuthorTalk with Page McBrier. The Rowayton Library will hold a wine and cheese reception for Page McBrier. Ms. McBrier will read from her three new books with a book signing to follow. More information will be released shortly. In the meantime, **SAVE THE DATE!**

Kids/
Everyone

THE ROWAYTON LIBRARY

September 2008

For EVERYONE

New "Olivia" Library Card in time for September is Library Card Sign-Up Month



In honor of Olivia's creator -- Ian Falconer's birthday, August 25, the Rowayton Library is delighted to announce the addition of the new "Olivia" library card, now available to all Rowayton residents.

Mr. Falconer, a childhood resident of Rowayton, wrote and illustrated Olivia, Olivia Saves the Circus, Olivia...and the Missing Toy, Olivia Forms a Band, and Olivia Helps with Christmas. His illustrations have also appeared on twenty-six covers of the New Yorker magazine, and he has designed sets and costumes for the New York City Ballet, the San Francisco Opera, Chicago Lyric, and the Royal Opera House (Covent Garden), among others.

Remember, September is Library Card Sign-up Month - a time to remind parents and kids that a library card is the most important school supply of all.

For KIDS

DogTalk: with Bean, First Saturday, September 6 @ 10:30 am

CraftTime: Saturday, September 6 @ 10:30am: *Back-to-School Fun!*

MusicTime with Dre: Friday, September 12 @ 10:30am

Every Thursday & Friday @ 10:30am: StoryTime for Kids ages birth-3

Opera Express for KIDS present *The Three Little Pigs*, Friday, September 19 @ 3:30 pm

And... JUST RIGHT FOR KIDS: AuthorTalk with Page McBrier for Kids! — more information to follow....

Friday, September 26 @ 3:30 pm, Ms. McBrier will read to elementary school-age children from her stories from China and Armenia. Snack will be served.

Saturday, September 27 @ 10:30 am, Ms. McBrier will read to pre/K children about from her book on chickens and worms and will have a craft to go along with it.

THE ROWAYTON LIBRARY
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ROWAYTON, CT 06853
(203) 838-5038 / LIBRARY@ROWAYTON.ORG

Adults

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www.Rowayton.org

