

November 2008

**For
Adults**

MoneyTalk for Women – By Women – Wednesdays @ 10:00 am

11/5 Guest Speaker Chris Valenti from Vanguard will discuss exchange-traded funds (ETFs), how they work, how they compare with mutual funds and how to use them in your portfolio.

11/12 How to be a smart holiday shopper -- coupons, discounts and bargains. Everyone can share ideas.

11/19 Guest Speaker Accountant Mary Hoyt will share ideas for year-end tax planning.

Rwanda: One Hill at a Time – a TravelTalk November 7 @ 7pm

Helen Kveskin of the King School (Stamford) will come to the Rowayton Library to share her talk, "Rwanda: Faces, Places, Deeds, and Needs." Kveskin, an English teacher and administrator at the King School, traveled to Rwanda for two weeks this summer with a delegation of English teachers from the United States, under the auspices of *People to People Citizen Ambassador Programs*, and will speak of the indelible impact this experience has had upon her. She will educate the community about the Rwanda of yesterday and today, and the events that took place over the course of 100 days just fourteen years ago in the spring of 1994: recent history to present-day realities in Rwanda.

The Rowayton Library has formed a new literacy partnership: Rwanda children and Rowayton children READ. For every two (\$2) dollars raised in this program, a new book will be given to a Rwanda child and a Rowayton child.

Refreshments and discussion will follow the presentation.

Good FoodTalk – Nutrition Classes for Adults about Good Nutrition for Kids November 12 @ 9:30 am or November 17 @ 7pm and Nutrition Class for Kids November 21 @ 3:30 pm

The Rowayton Library and Norwalk Hospital present Tamara Swett, a registered dietitian and nutritionist at Norwalk Hospital. She will be helping parents to learn more about their children's nutrition needs by offering educational lectures at the Rowayton Library. Those interested may attend Wednesday, November 12, at 9:30 a.m., or Monday, November 17, at 7:00 p.m. Her program will also focus on how to read food labels and the importance of serving sizes. Refreshments and discussion will follow the presentation.

Change Your Life in 17 Minutes! Become the Champion You Are: Choose, Act & Expect— The Desk Docktor: November 12 @ 7:00 pm

Are you overwhelmed by email? Plagued by paper piles? Do you race to get places and meet deadlines? Dr. Doreen Stern is a speaker, writer and coach. With a doctorate and two master's degrees, she knows how to get things done.. Dr. Stern will help us all identify the results we want and take small steps, so we can be more successful than we dreamed possible.

"Just when you feel all is lost, and you will be committed to a life of clutter, an angel appears -- dancing - and provides a guiding light that will lead you to a more organized desk and clearer mind. Doreen Stern is an informative and entertaining speaker who will provide a solid game plan to address your organizational needs, big or small."

Jeff Vose-- Vice President & Municipal Services Manager, MetroHartford Alliance

Please join us for program, discussion and dessert. Stern's new book, "Change Your Life in 17 Minutes!" will be available this fall. This program is made possible – in part – through a grant by the **Rowayton Civic Association**.

BusinessTalk – Business & Bagels – Recession-Proof Your Business November 13 @ 7:30 am (morning)

The Rowayton Library and Fairfield County SCORE are co-sponsoring this quarterly small business information series....**BUSINESS & BAGELS**. This quarter's session in this series will be held at the Rowayton Library on Thursday, November 13, at 7:30 a.m. – yes, *business and bagels!*

7:30 am to 7:45 am: meet and greet and bagels and coffee – bring a lot of business cards (a great opportunity to network)

7:45 am to 8:45 am: SCORE & Library experts share with you – the *tips and tricks* on Recession-Proofing your Business with Norman Sylvester, former vice president of marketing with PepsiCo for 15 years.

Kids

THE ROWAYTON LIBRARY

November 2008

For Kids

Third Annual Monopoly Tournament: MonopolyTime for Kids, November 4 (Election Day) @ 11:00 am

Tuesday, Election Day, November 4 – 3rd Annual Monopoly Tournament. (11:00 am - 2:30 pm). Calling all MONOPOLY® game fans! The Rowayton Library is hosting its Third Annual Official MONOPOLY Game Tournament on Tuesday, November 4th from 11:00 am until 2:30 pm at 33 Highland Avenue, Rowayton, CT. This event is open to the public. Children ages 9 and up are invited. Pre-registration is required by calling 203-838-5038 or visit us on the web at www.Rowayton.org. If you are interested in testing your real estate trading skills, contact the Rowayton Library at 203-838-5038. Admission is free. Pizza will be served. This event is co-sponsored by the **Rowayton Civic Association** and **Hasbro, Inc.**

MusicTime with Dre: Friday, November 7 @10:30am

AuthorTalk/CraftTime with Christina Haskin and *The Dancers Book of Ballet Crafts* November 7 @ 3:30 pm

The Rowayton Library is proud to present local author Christina Haskin as she introduces the beautiful craft and art of *ballet* to children. Ballet film clips and a ballet craft will also be incorporated into this program for children of school age.

Good FoodTalk – Nutrition Classes for Kids November 21 @ 3:30 pm

Ms. Swett will present a special nutrition program for children on Friday, November 21 at 3:30 p.m. and will provide a food guide pyramid exercise. "When we do these classes for children, the parents find that their children's new interest in label reading is a positive step in fighting childhood obesity. When children are involved in some of the decision making, they feel they have some control, and when they know what to look for, they can be a great ally to parents trying to shop smart," she said.

BookTalk for Kids (grades 4-6) – *The 39 Clues (The Maze of Bones, Book 1)* by Rick Riordan, November 14 @ 3:30pm

BookTalk for Kids in a multi-platform arena: books, Internet, games, and friends. What could be more appealing to a 10 year old kid? And to parents... the appeal is that the topics covered are non-fiction (history and biographies). And, of course, just the pleasure of reading a good book written by a good writer. (For grades 4-6). Multiple copies of the books are available at the library. Snack will be served. This program is co-sponsored by the Rowayton Civic Association and is made possible in part through a grant from the Connecticut Humanities Council.

CraftTime for Kids, November 15 @ 10:30 am: *Thanksgiving Quilt* CraftTime for Kids.

Pajama BookTalk & Pizza Party – Family Book Voyage II (grades K-3), November 18 @ 6:00 pm

BookTalk for Kids (grades 4-6) – *Bud, Not Buddy*, by Christopher Paul Curtis November 20 @ 6:00 pm

(For grades 4-6). Multiple copies of the books are available at the library. Teacher, Annie Schenker will be our discussion leader. Pizza will be served. This program is co-sponsored by the **Rowayton Civic Association** and is made possible in part through a grant from the **Connecticut Humanities Council**.

Adults

**Visit us on the web at
www.Rowayton.org**

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